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Peaks Island Star, 2018

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### Peaks Island Star : October 2018, Vol. 38, Issue 10

Service Agencies of the Island

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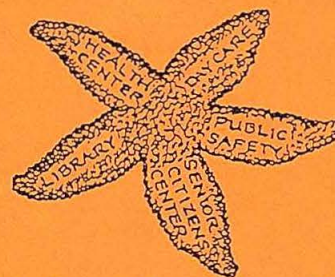
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# Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

October 2018

Volume 37

Issue 10

## Movies at the Community Room

Although sponsored by the Friends of the Peaks Island Library, movies at the Community Room have always been run by a generous team of volunteers. It would be great to get the Saturday movies up and running again in the beautiful new space but we need people to make it happen!

If you are interested in helping show movies on Saturday nights or helping coordinate the efforts of volunteers, please come to a quick meeting Tuesday October 16 at 7:00 in the Community Room. If you are interested but not able to attend, just let the library know.

### *Peaks Assisted Living (PAL) Meeting*

*Islanders interested in learning more about establishing working committees and gathering information to develop an assisted living facility here are invited to an informational meeting at the Faye Garman House from 7 to 8:30 PM on Thursday, October 25, 2018.*



### The Fifth Maine Regiment Museum

[www.fifthmainemuseum.org](http://www.fifthmainemuseum.org), 207-766-3330

Labor Day thru October 8<sup>th</sup> – Weekends and holidays: 11am – 4pm

The Harvest Supper is on Saturday, October 6<sup>th</sup>!!  
Adults \$20, Kids \$10, Kids under 3 eat free

- Delicious pot roast with new potatoes and gravy, accompanied by fall vegetables and flakey biscuits, topped off with homemade desserts!
- Vegetarian option is potato leek soup.
- Cider and coffee – or BYOB!!
- Peter Donnelly's jazzy piano dinner music – perfect ambiance!

Pre-sale tickets required. Call Susan Hanley, 207-332-2443



## **October at the Peaks Island Branch Library**

129 Island Avenue 766-5540 email: [peaks@portlandpubliclibrary.org](mailto:peaks@portlandpubliclibrary.org)

**Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12**

**Has your child turned five?** In recent weeks a number of parents have come in with their newly-turned-five-year-olds to get library cards. A library card is a rite of passage. It's a ticket to a life-long learning adventure. It's one of the best gifts you will ever give your children. It's FREE! If your child does not yet have a card, come on in. Time spent together in the library can be a fun family time.

**First Tuesdays Book Discussion:** The book to be reading now is *Call of the Wild* by Jack London for the November Book Discussion. The date is likely to be November 13, since November 6 is Election Day and the group meets in the Community Room, at 7 pm. Books that have been chosen for the next four months are *The Choice* by Edith Eva Eger for December; *The Women in the Castle* by Jessica Shattuck for January; *Killers of the Flower Moon* by David Grann for February; and *The Woman Who Smashed Codes* by Jason Fagone for March.

**Middle School Book Club:** Middle School Book Club is on Tuesday, October 16 at 5:30 pm in the Community Room. We are having fun with books. Talk about your favorite book, author or illustrator or just listen to others. There will be snacks too. We welcome all middle school kids.

**Nursery Rhyme Time** for infants and toddlers is on Wednesdays, at 10:15. **Preschool Story Time** is on Fridays at 10:15. Please note they are the opposite days from last year; the littlest come first, on Wednesdays; the preschoolers come on Fridays. All children, both islanders and visitors, with their parents or caregivers are welcome.

### **FREE Passes to Local Attractions for Library Cardholders**

There has been an uptick in the use of the free passes to the Portland Observatory this summer, but the Tate House pass is sitting idle. These next few weeks are your last chance this season to use the free passes to the **Portland Observatory** and the **Tate House**. The Observatory is open through Columbus Day Weekend; the Tate House is open through October. For those who can drive or are willing to take the bus, the Tate House is a fun experience and the free pass admits up to 4 people. Good thing to do with house guests or with your family. The rest of the passes we have are good all year: The **Portland Museum of Art**, **Maine State Museum**, **Maine State Parks**, and the **Southworth Planetarium**.

**DEADLINE FOR NEXT MONTH'S STAR:** Thursday, October 25, by 6 pm. Please bring articles copy-ready to the library. You may put them in the Book Return (slot is in the lobby under the bulletin board) when the library is closed. A big thank you to the volunteers who put the STAR together, photocopy and staple it on alternate months: Team Leaders Kay Taylor and Anne Whitman, and colaters and staplers Barbara Filipos and Reta Morrill. Gene Taylor distributes the STAR on alternate months.

**If you would like to have the STAR mailed to you** please bring or mail \$8 with your name and mailing address to the library, 129 Island Avenue, Peaks Island, Maine 04108. Checks should be made out to the Peaks Island STAR. Your subscription will run through June 2019. We do not mail the STAR in July and August.



## ***Brackett Memorial United Methodist Church***

*We are a Welcoming, Inclusive, and Reconciling Congregation*

9 Church Ave; 207-766-5013; [brackettmumc@gmail.com](mailto:brackettmumc@gmail.com); [www.brackettmumc.org](http://www.brackettmumc.org)

Rev. Angela Rotherham, Pastor



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

**Sunday Morning Worship at 10am.** Followed by an informal time of food and fellowship in the church hall.

**Adult Scripture Study Tuesdays, 10:30-noon** at the parsonage (9 Church Ave).

**Prayer Shawl Ministry Fridays, 10:30-noon** at the parsonage (9 Church Ave).

**Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.**

### **SPECIAL EVENTS IN OCTOBER:**

**Cribbage Fun** – No Cribbage in October as Rev. Angela will be traveling in South Korea.

**Rummage Sale - Columbus Day Weekend (October 6 & 7).** Join us for the greatly anticipated fun of our bi-annual Rummage Sale! Sort through clothes, kitchen gadgets, jewelry, craft supplies, linens and more – come find your treasure and support our mission all at the same time! Saturday, Oct 6, 10-2 and \$3/bag on Sunday, Oct 7, 1-3.

**Celebrate African Culture! - Saturday, October 13<sup>th</sup>, 1-3pm** in the Brackett Church fellowship hall. Hear Dr. Chuck Radis speak about the hope and resilience of the South Sudanese refugees in Uganda, and Maria Cushing teach about Cape Verde. Come and enjoy Cape Verde food and music! Suggested donation: \$10 to cover the cost of food and to support the work of the **Maine African Partnership for Social Justice and Friends of Mind**. Contact Dr. Radis at 318-6237 for more information.

**Faces of Vietnam – Friday, October 26, 7pm** in the Brackett Church fellowship hall. Come and hear Nicole d'Entremont's presentation of her slide show about her work with Habitat for Humanity. Last December she went to the Mekong Delta and this year she is headed for the mountainous region of Hoa Binh in North Vietnam. A love offering will be taken at the door to help cover costs toward her trip.

## **St. Christopher's Catholic Church**

**Rector: Father Greg Dube at 773-7746**

**Sunday Mass** is at 10 AM each week. Details for other Masses in Portland are at <http://www.portlandcatholic.org/> For info concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

**Rosary:** The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

**AA** meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

**Share Scripture** with Islanders from 9:30 to 11 AM each Wednesday in the Parish House on Central Avenue.

## **CERT Needs Volunteers To Prepare For Disasters**

**Our Peaks Island Community Emergency Response Team (CERT) practices to assist Island disasters with training and help from the Portland Fire Department. Please spread the word and join us. For more info, call Al Bleau at 766-0007 or 781-962-2662.**

**Peaks Island Health Center**  
87 Central Ave. P.O. Box 52  
[www.peaksislandhealthcenter.org](http://www.peaksislandhealthcenter.org)

**Hours:      Monday, Wednesday and Friday**  
**8:30 AM to 3:00 PM**

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.  
Please call either **766-2929 or 874-2466** for an appointment.

Now that we are welcoming the fall season, we would like to take this opportunity to welcome those of you who are new to Peaks Island, either as renters or homeowners. If you wish to become Health Center patients, please stop by our facility at 87 Central Ave. during hours, and the staff will be glad to help you.

It is important to know that the Health Center can provide acute care (short-term treatment of an injury or illness) to patients who have Primary Care Physicians in other practices. If you wish to have the option of using the Health Center and are not affiliated with Maine Medical Center (as the Health Center is), please check with your insurer before an incident arises, to avoid any coverage issues. As a rule, Medicare patients may see whom they wish.

Patients who have no insurance are also welcome to use the Health Center. The Peaks Island staff can give you information regarding contacts at Maine Med./Partners who can assist you with payment options. They will be glad to answer any questions you may have.

We are very fortunate to have such a dedicated professional staff, and are grateful for the solid resources of Maine Medical Center in support of our Health Center on Peaks Island.

Flu shots, including the higher dose for seniors over 65, are now available. Make an appointment or you may walk in.

### **Free Medical Equipment Available**

Medical equipment such as wheelchairs, walkers, and crutches is available temporarily for free from the Peaks Island Health Center and St. Christopher's Parish. The equipment is stored at St. Christopher's and is provided on a first come, first served basis at no charge. Borrowers are only asked when they plan to return it and also relieve the program of any liability.

For more information, contact Kay Taylor at 766-2811 or [islapicos@maine.rr.com](mailto:islapicos@maine.rr.com); or David Vincent at 603-496-6989 or [davidlv55@gmail.com](mailto:davidlv55@gmail.com).



## PEAKS ISLAND TAX AND ENERGY ASSISTANCE

Everyday we are reminded that we are extraordinarily fortunate to live in a country where freedom abounds and most of us have heat, food, etc. But we are reminded that some of our neighbors and friends still need a little assistance to keep their homes warm, to provide food for their tables and to provide a roof over their heads. For the last fourteen years PITEA has been assisting families with heat and property taxes. We are prepared to do so again this year.

Peaks Island Tax and Energy Assistance 501(c)3 is an important part of island life. It can be expensive to live on the island and some families need a little assistance to live throughout the year with either property taxes or energy bills. Now that the cooler weather is on the way. Islanders are beginning to apply for assistance. The applications must be given to a member of the Clergy listed on the application who will read them and determine whether the families will receive assistance. Last year we assisted over 42 families with either fuel or electricity bills. We believe we will have another busy year from September 2018 through June of 2019. We hope to assist everyone whose application is approved by the Clergy. We know it is the generosity of our visitors, renters, day trippers, and residents who just seem to know that they are helping islanders to live here and the island will be here when they come once again next year. We can report that islanders are very appreciative of all the assistance we do provide. Thank you from all of our hearts. We want you to know we do allot \$325 for each successful application.

As we prepare for another winter with forecasts of extreme cold once again we expect an increase in the number of applications. You will find applications on the Library bulletin board. Our Clergy, Pastor Angela Rotherham and retired Episcopal Priest Jim Flagler are accepting applications and making the final decisions about Energy Assistance.

On Saturday, October 13<sup>th</sup> from 5 -7 p.m. PITEA will be hosting our annual Bean Supper at Jones Landing with music by Peaks Island resident and wonderful musician Jeff Cusack. Plans are well under way for a dinner that will include baked beans, vegetarian baked beans, baked ham, hot dogs, mac and cheese, corn bread, cole slaw, tea., coffee, lemonade and super yummy desserts. Our members are wonderful cooks and they share their talents with other groups on the island including our congregations at the churches. They generously donate the food that they prepare so that all the funds raised from the dinner will be used for Energy Assistance. Robin Clark has generously given PITEA two evenings at the very beautiful venue, Jones Landing, so we can hold dinners to raise funds for Energy Assistance. Thank you so much Robin!! If you would like to join in our efforts, please contact Cynthia at 766-0067.

We hope to see you on the 13<sup>th</sup>!!!

### **Peaks Island Tax and Energy Assistance**

Mary Arnold, Ralph and Jeannie Ashmore, Linda Capone Newton, Peter Eckel, Nancy Hall, Toookie Harris, Kim MacIsaac, Linda Murphy, John O'Brien, Cynthia Pedlikin, Howard Pedlikin, Randy Schaeffer, Megan Selby, and Val Simoneau



## Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is located in the Brackett Memorial Church and is open on Mondays at 3:30–5pm. Our mission is to provide food assistance to our island neighbors in need, supported by many different individuals and organizations from Peaks Island.

This month we can use toilet paper, tuna, canned chicken, crackers and laundry detergent.

As you are closing up your summer home, please consider donating new, unopened non-perishable items to the food pantry. We have collection boxes at the Peaks Café and the Community Center.

A reminder that you can send in cash donations using the Paypal donation button on our website, [www.peaksislandfoodpantry.org](http://www.peaksislandfoodpantry.org). We can also accept checks made out to "Peaks Island Food Pantry" – send to Susan Hanley, 108 Brackett Avenue, Peaks Island, ME 04108.

If you have any questions about the food pantry, or you would like to arrange a food drop off or a donation pick up, please contact Susan Hanley, 207-332-2443.



## OCTOBER ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Parks, Recreation and Facilities

All Portland Parks, Recreation and Facilities programs are for Peaks Island residents of all ages and will be held in the Peaks Island Community Center unless noted. For more information please contact Diane Ricciotti, Recreation Programmer at [dianer@portlandmaine.gov](mailto:dianer@portlandmaine.gov) or (207) 766-2970.

### FUN TIME – GAME TIME FOR PEAKS ISLAND KIDS OF ALL AGES

**Saturday, October 20 11:00 a.m. – 12:30 p.m.**

A fun, new and exciting program for kids of all ages. A variety of puzzles, board and card games will be available for everyone to play. Maybe even a game of Twister! Feel to bring any of your family's favorite games to share and play with others. All children attending this event must be accompanied by a parent, grandparent, sister/brother or an adult friend.

**Fee: \$2.00 per person**

### LOW IMPACT AEROBICS w/WEIGHTS EXERCISE PROGRAM

**Mondays & Thursdays, 9:30 a.m. – 10:30 a.m.**

Join us for a fun-filled hour of low impact aerobics. A routine that will make you smile and laugh. Hand-held weights are available to build strength in wide range of exercises. **Adults of all ages are welcome. FREE!**

### STRENGTH TRAINING FOR WOMEN

**Tues. & Fridays, October 2 thru December 28**

**7:15 a.m. to 8:15 a.m.**

All women are welcome in this class. Start with a 10-minute stretch and aerobic warm-up and move into use of hand-held and ankle weights for a full range of exercises and stretches. All exercises are guided with students in chairs or standing.

**Fee: \$50.00 or \$3.00 drop in fee per class, as space allows.**

**\*\* OCTOBER PROGRAM HIGHLIGHT \*\***

### **FALL JUNIOR NATURALIST PROGRAM** **BEACHES & BEYOND**

**Sundays Oct. 14 to Nov. 4, 9:30 a.m. to 12:30 p.m.**

Portland's Parks, Recreation and Facilities offers an amazing Junior Naturalist Program for children. Lead by Naturalist Samara Ray, the Junior Naturalist Group travels to area parks, preserves and beaches to discover local plants and wildlife, play games and gain a deeper appreciation for the natural world. Participants will meet at the Riverton Community Center in Portland.

**Ages: 8 - 12 years For more info & fees visit:**  
**[portlandrec.com](http://portlandrec.com)**



### Taxi News

**call (207) 518-0000 for service**

To help us prepare for our last "tourist weekend" of the year (October 6<sup>th</sup>-8<sup>th</sup>), we ask that you remind visiting friends and relatives to consider parking their vehicles in town and using the taxi. CBL's peak season car ferry rates will apply during this holiday weekend, so parking at one of the lower-priced lots in Portland will cost less for a 2-3 day visit than the ferry passage AND eliminate the challenge of long lines to get back to the mainland on the 8<sup>th</sup> or 9<sup>th</sup>.

Our website (<https://peaksislandtaxi.org/parking/index.html>) provides names, locations, contact, and rate information for parking lots & garages near the ferry terminal. We are currently updating information and expect to have it complete by October 1<sup>st</sup>.

Enjoy the fall colors and keep us in mind for your taxi, delivery, and tour needs.



# PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854

[www.picw.org](http://www.picw.org)



PICW WILL BE CLOSED ON OCTOBER 8<sup>TH</sup> IN OBSERVANCE OF COLUMBUS DAY

PICW's Fall Festival is October 14<sup>th</sup>, 12pm to 3pm, at the Lions' Club.  
Come join us for some delicious food; fun games and some friendly competition.  
Adults: \$8, Children: \$5 and kids under 4 are free

September marked the start of our school year and brought with it some new students and a new full-time assistant teacher, Alissa Myers. Inside the classroom, the preschoolers have been learning all about themselves and their families while the infants and toddlers have been busy playing with paints and learning some basic sign language.

Next month we start music class with Ms Faith for the 5<sup>th</sup> year!!!! We are so grateful for Ms Faith and thank her for all she does for PICW and the community.

PICW is currently looking for a part-time Teacher's Aide. Applicant must love children, be mature, reliable, trustworthy, and well presented. To apply, please email your cover letter and resume to Katie at the below email.

PICW is accepting applications for part/full time care on our WAIT-LIST. Contact Katie at [office@picw.org](mailto:office@picw.org) for applications. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Jennifer Eckel, at [jgeckell@gmail.com](mailto:jgeckell@gmail.com).



## PEAKS ISLAND LIONS CLUB



### Halloween Party

Games, candy, haunted house, best costume contest returns again to Greenwood Gardens and the Lions Club Playhouse on Halloween Evening after 6 PM. Be there and we will give a scare. The costume contest starts at 6:45. **New this year, we expect that the Haunted House will be at the small building, which was the former 'Craft Shop', on the Lions Club property.** Many thanks to Faith York, Larry Ducharme and friends for again setting up and haunting the Haunted House!

### LIONS CLUB ORGANIZATION GRANTS

Organizations that would like to be considered for a Lions Club Grant should contact Lions Club President, Edward Ezzard by telephone, mail or e-mail by October 15<sup>th</sup>. The grants will be awarded at the October 24th Lions Club meeting. **Telephone: 756-4713; Address: P.O. Box 102, Peaks Island, ME 04108; e-mail: [TheMaineJack@gmail.com](mailto:TheMaineJack@gmail.com)**

### Seeking New Lions Club Members

Lend a helping hand to preserve Peaks Island as a helping caring community. Join the Peaks Island Lions Club. Contact Lions Club President, Edward Ezzard by telephone, mail or e-mail: **Telephone: 756-4713; Address: P.O. Box 102, Peaks Island, ME 04108; e-mail: [TheMaineJack@gmail.com](mailto:TheMaineJack@gmail.com)**

Note: Many of our members are seasonal Peaks Island residents.





Casco Bay Islands Alliance

P.O. Box 7662

Portland, Maine 04112

[www.CBIAAlliance.org](http://www.CBIAAlliance.org)

[info@cbida.org](mailto:info@cbida.org)

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**SAVE the DATE!** CBIA fundraiser at Flatbreads Pizza on October 23. For each pizza ordered between 5 and 9 pm, CBIA will receive \$3.50 for each large pizza and \$1.75 for each small pizza. Eat in or take out. Each year CBIA awards a few small grants to island non-profits in support of activities that benefit our island communities. On Peaks the Library, 8<sup>th</sup> Maine, PEAT, 5<sup>th</sup> ME, Fay Garman House, and St. Christopher's have received grants. Proceeds from Pizza Nite will be allocated to our grant program. Please bring your family and friends for a night out or pick up pizzas for dining in at home. Your support will help CBIA continue to fund worthy island projects that benefit all islanders. Thank you!

## SENIOR NEWS

Fall is in the air! The Seniors will have their next potluck luncheon on Monday, October 10<sup>th</sup>. Invite your senior friends and neighbors to join us at noon at the Fay Garman House Community Room. Please bring your favorite comfort food to share. If you don't consider yourself a Senior, come anyway!!

**Chair Yoga** is offered at the Fay Garman House every Tuesday starting at 4 pm for about an hour. Chair Yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.

## LORETTA VOYER FUND

Hands down, our ferry ride has got to be one of the sweetest commutes around -- until you're sick and vulnerable, when it becomes a difficult passage. To ease the journey for islanders undergoing treatment for cancer and other life-limiting illnesses, the Loretta Voyer Fund (LVF) provides tickets for a vehicle and passenger.

The Loretta Voyer Fund was created in 2000 to honor the memory of longtime Peaks Island resident Loretta Voyer, who considered every islander a neighbor and took good care of every neighbor in need. When she was diagnosed with cancer and chemotherapy exhausted her, friends and neighbors began taking her to and from treatments in their cars. This allowed her to travel with comfort and companionship while limiting her exposure as an immuno-suppressed person. In addition, the help with travel for treatments allowed her family to continue their daily work and school routines, which was important to her.

Sixteen years since the Fund's founding, the number of requests for tickets continues to increase. The Board of Directors is grateful to all who have donated to the Fund in the past, and hopes that you will consider renewing your commitment to helping the Fund keep pace with our island's growing needs. Help keep Loretta Voyer's vision of a caring community alive.

Those interested in requesting tickets or making a tax-deductible donation may speak to any member of the LVF Board: Mary Arnold, Kathy McCarthy, Susan Hanley, Jan Thomas, Suellen Roberts, Melissa Conrad (207 766 9736; [mconrad@backshore.net](mailto:mconrad@backshore.net)).

Visit and support the Loretta Voyer Craft Fair, Jones Landing, Saturday, December 2.